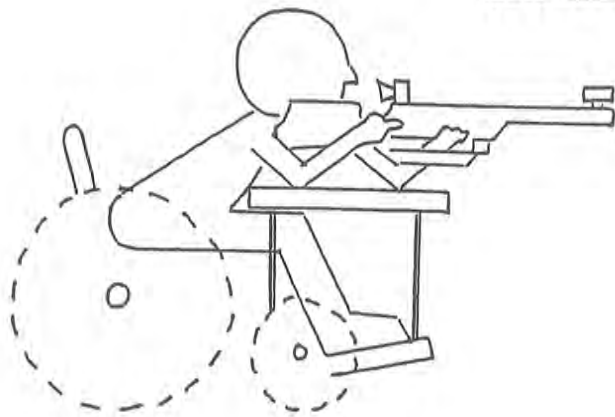


## ADAPTIVE SHOOTING POSITIONS



PRONE:- Both elbows resting on shooting table. The chest and/or abdomen may also rest on the table (in prone only).

NOTE: The shooting table does NOT have to be attached to the wheelchair, it may be freestanding.

SITTING:- This position is the same as the prone position, except that the chest or abdomen may NOT touch the table in any way.



KNEELING:- Only one elbow may rest on shooting table. Chest or abdomen may not contact the table in any way. Sidearms of the wheelchair must be removed when competing.



STANDING:- Competitors must sit up against the back of the wheelchair in this position. The shooting table cannot be used in this position, however an "offhand stand" may be affixed to the wheelchair. Sidearms of the chair must be removed. No part of the competitor's arms may come in contact with any part of the wheelchair. Rifle sling cannot be used in this position.



## ADAPTIVE SHOOTING POSITIONS



PISTOL:- Competitors must sit up against the back of the wheelchair. Sidearms of the chair must be removed. The non-shooting arm must be "at rest" in the competitor's lap. No part of the competitor's arms may come in contact with any part of the wheelchair. No adaptive device of any kind may be used to support the pistol other than the competitor's own arm and hand.

NOTE: All of the outlined positions may also be fired while seated on a stool or stationary chair without arms.